

F A L L Q U A R T E R

2010

# PCOM HS

RIDE SIGN UPS & SEXUALITY COURSE INFO.



*RIDE 2011*

*RIDE 2011 sign ups begin in September and will end October 15th. We will be heading back to June*

*Mountain for great snow, friends, fun, and learning.*

*Cost: \$330 +lift tickets (1Day-\$47, 2Day-\$82, 3Day-\$113).*

Sign up on Sunday, September 19th with a \$100 deposit.



## Sexuality Course

*October 3- November 7, 2010, Sundays, 4-6 pm, PCOM Youth Room, \$30 fee for materials used*

As the Director of High School Ministries, I would like to invite students to participate in a 7-week course focusing on sex and sexuality. We will begin this course on Sunday, April 11<sup>th</sup> and students must sign up in order to participate. The course is designed to help student navigate through the voices of culture, peers, and everything else when it comes to sex and sexuality. Each session will include discussion about the information we encounter and how the Scriptures respond to it all.

Below is a synopsis of the curriculum we will be using. I encourage you to read through it. It gives a broad idea of what we will be covering. Parents will get weekly emails with greater

detail of the content. There is also a parent meeting set up at the beginning of the 7-week session.

**Overview of Curriculum: *Good Sex 2.0: A Whole-Person Approach to Teenage Sexuality and God.***

Authors: Kara Powell & Jim Hancock  
Well versed youth workers and highly educated people

Big ideas behind the curriculum  
We're created in God's image, male and female  
Sexuality is a wonderful, complex gift that takes a lifetime to explore  
Sex is affected by our brokenness and wrongdoing, just like everything else about us  
Sex can be rescued and renewed by the grace of Christ, just like everything else about us

### The seven sessions:

**Sex Messaging:** helping students respond to the cultural messages they're wading through

**Sexual Identity:** helping students think about the forces that shape their sexual identity

**Intimacy:** helping students think about dating and nonsexual closeness

**Desire:** helping students understand their appetites and needs

**Boundaries:** helping students decide what to do with their sexuality  
**Responsibility:** helping students take sexual responsibility

**Do-Overs:** helping students experience mercy, repentance, forgiveness, and restoration

### Parent Session (90-minutes session)

Parents are far more influential and more dedicated than this curriculum or any of our HS leaders, so it is important for us all to be part of this.

We will talk about how influential parents are

Some ideas on how to talk to your students about sex and sexuality

# *Sexuality Course Sign Up Sheet*

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Student Name:

Student Email:

Parent Name:

Parent Email:

Address:

Home Phone Number:

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## *Course Covenant*

I agree to attend all scheduled courses with an open mind, sincerity, and a desire to learn. I also agree to be respectful of those in attendance and allow for a safe environment for myself and my peers to share. Students (and parents) who negatively impact this environment will be given one chance to recover. It is my understanding that, as a participant in this course, I am to respect those around me during large group discussions and small group settings. I understand that there are moments when I will get to share parts of my life in this group, and understand that my parents will be notified if the things shared could potentially harm my life or any life around me.

I agree to learn something and apply what I learned to how I view myself and those around me.

*Signature of Student & Parent*

*Date*